

Sunday Newsletter

St Ninian RC Church & St Joseph RC Church

09 AUGUST 2026

ORDINARY TIME

THE GROWTH OF DISCIPLESHIP

Ordinary Time is the longest season of the liturgical year. It is a time to deepen our faith, grow in holiness, and live out our baptismal call through everyday life.



A TIME TO GROW
Deepen our relationship
with God.

DISCIPLESHIP
Follow Jesus more
closely each day.

LIVE THE GOSPEL
Bring Christ's love to
our families, communities,
and the world.

HOPE IN CHRIST
We journey together
toward the fullness of
God's kingdom.

— ✕ —
"Do not be afraid;
you are worth more
than many sparrows."
— Matthew 10:31

PRAYER FOR THE NEW WEEK

Heavenly Father, as I begin this new week, I place myself and my entire family into Your loving hands. Thank You for the gift of life, Your unfailing mercy, and Your constant protection. Go before us in every step we take and fill our hearts with Your peace. Bless our work, studies, ministry, and daily responsibilities with success and purpose. Keep us safe from every danger, sickness, accident, temptation, and evil. Strengthen our faith when we face challenges, and help us to trust You in every circumstance. Fill our home with love, unity, forgiveness, and joy. Grant us wisdom to make good decisions and generous hearts to serve others. May Your Holy Spirit guide our words and actions so that we may glorify You in all we do. We entrust this new week to the intercession of the Blessed Virgin Mary and all the saints. Through Christ our Lord. Amen.

Stepping Out in Faith

Today's readings remind us that God often comes to us in unexpected ways. Elijah looked for God in the wind, earthquake, and fire, but found Him in the gentle whisper. The disciples, overwhelmed by the storm, discovered Jesus walking towards them on the water. Peter could walk on the waves as long as he kept his eyes on Christ; when he focused on the storm, he began to sink. We face many storms—fear, uncertainty, illness, or disappointment. The Lord's message is simple: keep your gaze fixed on Him. Faith does not remove the storm, but it keeps us afloat. When we begin to sink, Jesus is always ready to reach out His hand and save us.

WEEKLY ACTIVITIES

Our Sunday Masses:

Vigil Mass: 5.00pm in St Ninian's RC Church

Sunday Mass:

9.30am in St. Ninian's RC Church
11.00am in St. Joseph's RC Church

Daily Masses

St Ninian's RC Church:

Tuesday; 10am
Wednesday; 10am
Friday; 10am.

St Joseph's RC Church:

Wednesday; 11am
Thursday; 10am
Saturday; 10am

Holy Days of Obligation:

Vigil Mass: 5.00pm in St Ninian's RC Church

Day Masses:

Morning: As announced.

EXPOSITION;

Saturday; 10.30am to 11am in St Joseph's Church
Friday; 10.30am to 11am in St. Ninian's Church

Birthday Celebrations; 3rd Sunday of the month

Sacrament of Reconciliation - Confession

St. Ninian; Saturday 4.15pm—4.45pm
St. Joseph; Saturday 10.30am

**YOU ARE ALWAYS WELCOME TO HAVE A CUPPA
WITH US AFTER THE SUNDAY MASSES.**

Rev. Michael Ngobili +441382669966

(BPhil, BA Phil, BTh, BSc Arc, MSc Arc,
BSc Mgmt)

PARISH EMAILS

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Parishes Web Addresses

<https://stniniansparish.co.uk>

<https://stjosephsdundee.org.uk>

Sunday 9 August 2026

19th Sunday in Ordinary Time ■

Liturgical Colour: Green. Year: A(II).

Readings at Mass

First reading

1 Kings 19:9a, 11-13a

‘Stand on the mount before the Lord.’

In those days: Elijah reached Horeb, the mount of God. There he came to a cave and lodged in it. And behold, the word of the LORD came to him. And he said, ‘Go out and stand on the mount before the LORD.’ And behold, the LORD passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the LORD, but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. And after the earthquake a fire, but the LORD was not in the fire. And after the fire the sound of a low whisper. And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.

Responsorial Psalm

Ps 85(84):9ab, 10. 11-12. 13-14. R8

*Show us, O LORD, your mercy,
and grant us your salvation.*

I will hear what the LORD God speaks;
he speaks of peace for his people and his faithful.
His salvation is near for those who fear him,
and his glory will dwell in our land.

*Show us, O LORD, your mercy,
and grant us your salvation.*

Mercy and faithfulness have met;
justice and peace have kissed.
Faithfulness shall spring from the earth,
and justice look down from heaven.

*Show us, O LORD, your mercy,
and grant us your salvation.*

The LORD will bestow his bounty,
and our earth shall yield its increase.
Righteousness will march before him,
and guide his steps on the way.

*Show us, O LORD, your mercy,
and grant us your salvation.*

Second reading

Romans 9:1-5 ·

‘I wish that I were accursed for the sake of my brothers and sisters.’

Brothers and Sisters: I am speaking the truth in Christ. I am not lying. My conscience bears me witness in the Holy Spirit — that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brothers and sisters, my

kinsmen according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises. To them belong the patriarchs, and from their race, according to the flesh, is the Christ, who is God over all, blessed for ever. Amen.

Gospel Acclamation

Psalm 130(129):5

Alleluia, alleluia.

I long for you, O LORD,

my soul longs for his word.

Alleluia.

Gospel

Matthew 14:22-33

‘Command me to come to you on the water.’

After the crowd had eaten and were satisfied: Immediately Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was a long way from the land, beaten by the waves, for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, and said, ‘It is a ghost!’ and they cried out in fear. But immediately Jesus spoke to them, saying, ‘Take heart; it is I. Do not be afraid.’ And Peter answered him, ‘Lord, if it is you, command me to come to you on the water.’ He said, ‘Come.’ So Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, ‘Lord, save me.’ Jesus immediately reached out his hand and took hold of him, saying to him, ‘O you of little faith, why did you doubt?’ And when they got into the boat, the wind ceased. And those in the boat worshipped him, saying, ‘Truly you are the Son of God.’

BIDDING PRAYERS

Celebrant: Trusting in the Lord who comes to us in every storm and strengthens our faith, let us bring our prayers before Him.

1. **For the Church:** that she may courageously proclaim Christ and help all people to recognise His gentle yet powerful presence in their lives. **Lord, hear us. Lord, graciously hear us.**
 2. **For world leaders:** that they may seek God’s wisdom in promoting peace, justice, and reconciliation among all nations. **Lord, hear us. Lord, graciously hear us.**
 3. **For those overwhelmed by fear, illness, grief, or uncertainty:** that, like Peter, they may experience the saving hand of Christ reaching out to them. **Lord, hear us. Lord, graciously hear us.**
 4. **Eco Prayer:** For the gift of creation: that we may hear God’s voice in the beauty and silence of the natural world, and become faithful stewards of the earth entrusted to our care. **Lord, hear us. Lord, graciously hear us.**
 5. **For our parish community:** that we may keep our eyes fixed on Jesus and grow in faith, especially during the storms and challenges of daily life. **Lord, hear us. Lord, graciously hear us.**
- For the faithful departed:** that they may now behold the face of Christ and enjoy the peace of His heavenly kingdom. **Lord, hear...**

us. Lord, graciously hear us.

Celebrant: Heavenly Father, You never abandon those who trust in You. Hear these prayers we make with confidence through Christ our Lord. **Amen.**

All: Amen.

PRAYER FOR THE SICK

Please pray for those who are sick at home or in hospital especially those of our Parish – Cecilia McCartney, Francis Forbes, Pam Herron, Jim Ashwood, John McGuire, Maureen and Stan Clementsmith, Mike McKernie, May Cosgrove, Irene Blaney, Cathie and Albert Soave, Alan Newell, May Cosgrove, Margaret McDonagh, Gillian Donnelly, Maureen and Stan Clementsmith, Fletcher Ditchburn, Margaret Forsyth, Gordon Sangster, Bill Martin, Mary Clark, Bella Shaw, Angela Keith, Cecilia McCarten, Bethany Williamson, Irene McKay, Saul Sangster, Margaret Beck, Tony Beck, Anya Behl, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie and Gerard Halliday. **May they feel the healing power of Christ, in body and in spirit.**

PRAYER FOR THE DEAD

Please pray for those who have died and gone before us in faith - for the souls of Iain McCallum, Harry and Kaye Booth, John Campbell, George Cameron, Jean Cameron and Bill Harvey, whose anniversaries occur around this time. **May God grant them, and the souls of all the faithful departed, eternal rest.**

ST JOSEPH

ST JOSEPH'S - OFFERTORY COLLECTION – SUNDAY 2 AUGUST

Loose Plate £155 Gift Aid Envelopes £223 Standing Orders £356 Additional Offertories £24 Restoration Fund (New) £40 **TOTAL OFFERTORIES £798**

THANK YOU FOR ALL YOUR FINANCIAL SUPPORT

Please try to give a little more each week to help St Jo's.

ST JOSEPH'S – PARISH RETREAT 2026 – 'Do not be afraid'

Inviting all parishioners to our Church Retreat Day which is on Saturday 15 August (next Saturday) starting at 10.30am until about 12.30pm. Fuller details are on the notices in the porch. Canon Kevin will lead us in this beautiful, planned programme of prayer, refecton, music, and time together as a parish family. Please come and celebrate as one parish together – it will be uplifting.

ST JOSEPH'S – NEXT CHURCH CLEAN

Thanks to those that came along and supported our church clean last Tuesday. Our next monthly clean of the church will be on Tuesday 1 September starting at 9.00am for about an hour. Please come along and help support this activity – you would be most welcome. Thanks.

Malawi Appeal (Jack Smith)

I received the following thank you letter from SCIAF thanking us for our donation.

Your generous donation of £500 for our Emergency Hunger Appeal will enable us to reach out to our sisters and brothers when they need it the most, to offer emergency relief today and hope tomorrow.

The Mystery of Human Beings: Respect and Love for Every Human Person

Human beings are a profound mystery because every person is created by God in His own image and likeness. The Catholic Church teaches that human dignity comes from God and is therefore sacred and inviolable. A person's worth does not depend on wealth, education, social status, nationality, race, age, physical appearance, health, or achievements. Every human being is precious in the eyes of God and is called to eternal communion with Him.

Respect for human beings begins with recognising this God-given dignity. To respect another person means to value his or her life, freedom, conscience, rights, and legitimate needs. It means refusing discrimination, humiliation, exploitation, violence, hatred, and every form of abuse. Even when we disagree with another person, we are still called to treat that person with dignity because he or she remains a child of God.

Christian love goes beyond mere tolerance. Jesus commands us: "Love your neighbour as yourself" (Matthew 22:39). He also challenges us to love our enemies and pray for those who persecute us. This love is not simply an emotion; it is a commitment to seek the good of another person. We are called to forgive, show compassion, offer help to those in need, and defend those whose dignity is threatened.

The mystery of human dignity is revealed most fully in Jesus Christ, who became truly human and shared our condition. By becoming one of us, Christ showed the immeasurable value of human life. He identifies Himself especially with the poor, the suffering, the stranger, and the vulnerable, saying that whatever we do for the least of our brothers and sisters, we do for Him.

Therefore, Catholics are called to create families, communities, and societies where every person is welcomed, respected, protected, and loved. Genuine respect for humanity is ultimately respect for God Himself, because every human person bears His image. To love and honour another person is, therefore, to recognise the sacred mystery of God present in His creation.



PARISH PRIEST DESK

PARISH EVENTS

DATES FOR YOUR DIARY

This announcement is for the two parishes: Please block these dates for us;

Combined Parish Harvest day : Sunday 27th of September at 10am at St Ninian RC Church

Parish Retreats:

St Ninian: Saturday 22 August 10.30am

St Joseph: Saturday 15 August 10.30am

Fr. Semba spoke openly to us about the hunger his community face. Despite the vicious cycle people are trapped in, the supplies that are rapidly running out, and the ever-present threat of another flood, Fr. Semba's faith keeps him going. A big thank you from the people of Malawi and across Africa, for hearing their voice and responding with compassion.

"Your donation enables those on the ground to continue the work of Christ."

With thanks always from all at SCIAF and our partners.

Michael Hamilton. Community Engagement Officer

OTHER ANNOUNCEMENTS

Annual Vocations Mass, Thursday 17th September at 6pm in St Andrew's Cathedral, Dundee. The Mass will be led by staff and pupils of St Paul's Academy, Dundee. Please come along and pray for vocations. Fr Jim Walls (Vocations Director).

Dunkeld Pilgrimage Reunion: After a wonderful pilgrimage we are holding our reunion service (please note that this will not be a mass) at 3 pm on Sunday 20th of September in St Leonard & St Fergus Church, Dundee. There will be refreshments in the hall afterwards and all are very welcome.

Blingo Night: Come have loads of fun while helping raise funds for Dunkeld Lourdes Service. Our Blingo Night is at 7.30pm on Saturday 19th September in St Leonards and St Fergus Church Hall. Tickets are £10 and include a glass of bubbly on arrival, bingo games and a light supper. BYOB. Tickets from Ruth Anne on 07801 227 443 or email dunkeld@pobox.com.

ST NINIAN OFFERTORY 2/08/26

OFF 210.00, GA 170.00, BUIL 23.99

ST ANTH 116.00 TOTAL= 519.99

ST NINIAN

PARISH RETREAT: 'Do not be afraid'

A Parish Experience of Belonging, Grace & Witness

You are all warmly invited to St Ninian's Church on Saturday 22 August, 10.00am–12.30pm, for a special morning led by Canon Kevin Golden.

We all long to belong—to feel welcomed, to encounter God's transforming grace, and to grow in giving joyful witness to the Gospel of Jesus Christ, bringing hope and love to others, especially in these challenging times.

Canon Kevin has prepared a beautiful programme of prayer, listening, reflection, music, and time to be together as a parish family. It promises to be a morning of encouragement, renewal, and grace.

Whether you're new to the parish or have been here for many years, this is for everyone. Come and be uplifted!

School Uniform Giving Tree

The Giving Tree is now in 'bloom' again with school uniform tags. Now that the new school year is approaching we would be most grateful if you could please take a tag and help our primary school families who are needing a wee bit of support at the moment. Any contributions would be much appreciated by Sunday 9th August. Thank You

Buying with Conscience – How Our Shopping Can Reflect Our Faith

As Christians, we are called to care for our neighbours and for God's creation, and one way we can do this is through the choices we make when shopping. Ethical purchasing means thinking about how the products we buy are made, whether workers are treated fairly, and how they affect the environment. It is not about being perfect, but about making thoughtful choices that reflect our faith and values. Each month, our newsletter will include a simple Ethical Buying Suggestion to help us make small changes that can support justice, protect our common home, and make a positive difference in the lives of others.

August Ethical Buying Suggestion

Holiday Responsibly

When travelling, support local businesses, avoid single-use plastics and respect the places you visit.

Every small choice we make is an opportunity to live out our faith by caring for our neighbours and for God's creation.

200 Winners

26/07/26 No. 177 J. Gibson

02/08/26 No. 64 I. Mylles