

Sunday Newsletter

St Ninian RC Church & St Joseph RC Church

30 AUGUST 2026

ORDINARY TIME

THE GROWTH OF DISCIPLESHIP

Ordinary Time is the longest season of the liturgical year. It is a time to deepen our faith, grow in holiness, and live out our baptismal call through everyday life.



Carrying the Cross: From Resistance to Surrender

Today's readings remind us that following God is not always comfortable. Jeremiah speaks honestly about his struggle. He feels deceived and mocked because he has proclaimed God's word. Yet he cannot remain silent: God's message is like a fire burning within him. His experience teaches us that vocation may involve suffering, rejection, and moments of weakness, but God's call remains stronger than our fears.

St Paul takes this further. He urges us to offer our bodies as a living sacrifice and not to be conformed to the patterns of this world. Christian discipleship requires a mind and a willing heart. We discover God's will when we surrender ourselves to Him.

In the Gospel, Peter wants Jesus to avoid suffering, but Jesus makes clear that the cross is part of His mission. He challenges us: "If anyone wants to become my follower, let him deny himself, take up his cross and follow me."

The cross is not something we suffer; it becomes meaningful when we carry it with Christ. Our sacrifices, struggles, disappointments, and acts of love can become offerings to God. Therefore, let us not run away from the cross. Let us embrace it with faith, knowing that beyond the cross lies life.

PRAYER FOR THE NEW WEEK

Heavenly Father, as I begin this new week, I place myself and my entire family into Your loving hands. Thank You for the gift of life, Your unfailing mercy, and Your constant protection. Go before us in every step we take and fill our hearts with Your peace. Bless our work, studies, ministry, and daily responsibilities with success and purpose. Keep us safe from every danger, sickness, accident, temptation, and evil. Strengthen our faith when we face challenges, and help us to trust You in every circumstance. Fill our home with love, unity, forgiveness, and joy. Grant us wisdom to make good decisions and generous hearts to serve others. May Your Holy Spirit guide our words and actions so that we may glorify You in all we do. We entrust this new week to the intercession of the Blessed Virgin Mary and all the saints. Through Christ our Lord. Amen.

WEEKLY ACTIVITIES

Our Sunday Masses:

Vigil Mass: 5.00pm in St Ninian's RC Church

Sunday Mass:

9.30am in St. Ninian's RC Church
11.00am in St. Joseph's RC Church

Daily Masses

St Ninian's RC Church:

Tuesday; 10am
Wednesday; 10am
Friday; 10am.

St Joseph's RC Church:

Wednesday; 11am
Thursday; 10am
Saturday; 10am

Holy Days of Obligation:

Vigil Mass: 5.00pm in St Ninian's RC Church

Day Masses:

Morning: As announced.

EXPOSITION;

Saturday; 10.30am to 11am in St Joseph's Church
Friday; 10.30am to 11am in St. Ninian's Church
Birthday Celebrations; 3rd Sunday of the month

Sacrament of Reconciliation - Confession

St. Ninian; Saturday 4.15pm—4.45pm
St. Joseph; Saturday 10.30am

YOU ARE ALWAYS WELCOME TO HAVE A CUPPA WITH US AFTER THE SUNDAY MASSES.

Rev. Michael Ngobili +441382669966

(BPhil, BA Phil, BTh, BSc Arc, MSc Arc, BSc Mgmt)

PARISH EMAILS

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Parishes Web Addresses

<https://stniniansparish.co.uk>

<https://stjosephsdundee.org.uk>

Sunday 30 August 2026

22nd Sunday in Ordinary Time ■

Liturgical Colour: Green. Year: A(II).

Readings at Mass

First reading

Jeremiah 20:7-9

‘The word of the Lord has become for me a reproach.’

O LORD, you have deceived me,
and I was deceived;
you are stronger than I,
and you have prevailed.
I have become a laughing-stock all the day;
everyone mocks me.
For whenever I speak, I cry out,
I shout, ‘Violence and destruction!’
For the word of the LORD has become for me
a reproach and derision all day long.
If I say, ‘I will not mention him,
or speak any more in his name’,
there is in my heart as it were a burning fire
shut up in my bones,
and I am weary with holding it in,
and I cannot.

Responsorial Psalm

Ps 63(62):2. 3-4. 5-6. 8-9. R2b

For you my soul is thirsting, O Lord, my God.

O God, you are my God; at dawn I seek you;
for you my soul is thirsting.
For you my flesh is pining,
like a dry, weary land without water.

For you my soul is thirsting, O Lord, my God.

I have come before you in the sanctuary,
to behold your strength and your glory.
Your loving mercy is better than life;
my lips will speak your praise.

For you my soul is thirsting, O Lord, my God.

I will bless you all my life;
in your name I will lift up my hands.
My soul shall be filled as with a banquet;
with joyful lips, my mouth shall praise you.

For you my soul is thirsting, O Lord, my God.

For you have been my strength;
in the shadow of your wings I rejoice.
My soul clings fast to you;
your right hand upholds me.

For you my soul is thirsting, O Lord, my God.

Second reading

Romans 12:1-2

‘Present your bodies as a living sacrifice.’

I appeal to you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Gospel Acclamation

Cf. Ephesians 1:17-18

Alleluia, alleluia.

May the Father of our Lord Jesus Christ,
enlighten the eyes of our hearts,
so that we may know the hope to which he has called us.
Alleluia.

Gospel

Matthew 16:21-27

‘If anyone would come after me, let him deny himself.’

At that time: Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, ‘Far be it from you, Lord! This shall never happen to you.’ But he turned and said to Peter, ‘Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.’

Then Jesus told his disciples, ‘If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will find it. For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul? For the Son of Man is going to come with his angels in the glory of his Father, and then he will repay each person according to what he has done.’

BIDDING PRAYERS

Celebrant:

God calls us to deny ourselves, take up our cross, and follow Christ, let us now offer our prayers to Him.

Response: *Lord, hear our prayer.*

For the Church: that, like Jeremiah, she may never be afraid to proclaim God’s truth, even when it is difficult or unpopular, and that Christians may faithfully carry the cross of discipleship. **Lord, hear us.**

For our world: that leaders may seek wisdom rather than power, justice rather than self-interest, and peace rather than conflict, so that all people may live with dignity and hope. **Lord, hear us.**

For our care of creation: that, inspired by St Paul's call to offer ourselves as a living sacrifice, we may reject wastefulness and selfishness, protect the earth entrusted to us, care for the poor and vulnerable, and become responsible stewards of God's beautiful creation. **Lord, hear us.**

For those who are suffering: that those carrying heavy crosses through illness, bereavement, loneliness, poverty, or rejection may find strength in Christ and discover that their suffering is not carried alone. **Lord, hear us.**

For ourselves: that we may not be conformed to the values of this world, but may allow God to transform our minds and hearts, enabling us to recognise and do His will. **Lord, hear us.**

For our departed loved ones: that, having shared in Christ's cross on earth, they may now share in the fullness of His resurrection and eternal life. **Lord, hear us.**

Celebrant:

Heavenly Father, receive these prayers and give us the courage to follow Christ faithfully, whatever the cost. Through Christ our Lord. **Amen.**

PRAYER FOR THE SICK

Please pray for those who are sick at home or in hospital especially those of our Parish – Cecilia McCartney, Pam Herron, Jim Ashwood, Moira Stewart, Tony and Margaret Beck, Anya Behl, Cathie and Albert Soave, Bill Martin, Baby Hayden, Alan Newell, May Cosgrove, Margaret McDonagh, Gillian Donnelly, Maureen and Stan Clementsmith, Fletcher Ditchburn, Margaret Forsyth, Gordon Sangster, Mary Clark, Bella Shaw, Angela Keith, Cecilia McCartney, Bethany Williamson, Irene McKay, Saul Sangster, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie and Gerard Halliday. **May they feel the healing power of Christ, in body and in spirit.**

PRAYER FOR THE DEAD

Please pray for those who have died and gone before us in faith - for the souls of Betty Bain, Isabella Gow, Betty Coyle, Bridget Naughton, Milly Notarangelo and Allan McLachlan, whose anniversaries occur around this time. **May God grant them, and the souls of all the faithful departed, eternal rest.**

Even When Heaven is Silent, God is still Writing Your Story

There are moments in life when the greatest test of faith is not the storm, but the silence that follows your prayers. We cry out to God, we seek his direction, we ask for answers, yet heaven seems quiet. But remember this profound truth: silence is not rejection, and delay is not denial. The farmer does not abandon the seed because it is buried in darkness; he understands that something is happening beneath the soil. In the same way, God often works in hidden places before he reveals his glorious plans in visible ways. The season of waiting is not a season of wasting; it is a sacred workshop where God strengthens your character, deepens your faith, purifies your motives, and prepares you for the blessings you are not yet ready to carry. What feels like a closed door may actually be God protecting from entering a room that cannot sustain your destiny. Trust the silence, because even when you cannot hear his voice, his hands are still moving.

The greatest mistake we make in difficult seasons is measuring God's presence by our emotions. We presume that because we do not see immediate results, God has forgotten us. But God is not limited by our timetable, our understanding, or our expectations. The Same God who seemed silent when Lazarus was sick was the God who revealed his glory through his resurrection. The same God who allowed Joseph to pass through betrayal, slavery and imprisonment was preparing him for a position of influence. Sometime God does not remove the waiting because the waiting is also part of the miracle. In those quiet moments, he teaches us patience instead of panic, faith instead of fear, and surrender instead of control. Do not allow unanswered questions destroy your confidence in a God who already knows the end from the beginning. Your tears are not wasted, your prayers are not forgotten and your struggles are not meaningless. Heaven keeps records of every sacrifice, every moment you choose to trust when you had every reason to give up.

Therefore, when Heaven feels quiet, stand firm and remember that God is preparing something greater than your present understanding. Do not abandon your faith because the process is slow. Do not quit because the journey is difficult. A masterpiece is created through patience, pressure and careful attention. The caterpillar must endure transformation before it becomes a butterfly; the seed must break before it becomes a tree; and the night must pass before morning appears. Keep walking, keep praying, keep believing, and keep surrendering your plans to God's perfect wisdom. One day, you will look back and realize that the delays were not obstacles but God's divine arrangements, that closed doors were acts of mercy, and that the silent season was filled with God's invisible presence. God has not stopped working; he is simply working at a depth our eyes cannot yet see. His timing is perfect, his promises are faithful, and his plans for you will always lead to a greater purpose. Pope Leo X1V



PARISH PRIEST DESK

DATES FOR YOUR DIARY

This announcement is for the two parishes: Please block this date for us;

Combined Parish Harvest day : Sunday 27th of September at 10am at St Ninian RC Church

Parishes Together Harvest Festival

St Ninian's and St Joseph's Parishes look forward to Bishop Andrew celebrating our Harvest Festival Mass together on 27th September at 10.30am in St Ninian's. We welcome altar servers from both parishes so, to ensure we have enough seats, would you please write your name/your child's name on the list in the sacristy if they intend to serve at the Mass. Thank you.

ST JOSEPH

ST JOSEPH'S - OFFERTORY COLLECTION – SUNDAY 23 AUGUST

Loose Plate £223 Gift Aid Envelopes £130 Standing Orders £356 Additional Offertories £10 Restoration Fund (New) £20 TOTAL OFFERTORIES £739

THANK YOU FOR ALL YOUR FINANCIAL SUPPORT

There is a 2nd Collection this Sunday, 30th August, in aid of BISHOPS' MENSAL FUND. Please give your generous support.

Please try to give a little more each week to help St Jo's.

ST JOSEPH'S – NEXT CHURCH CLEAN

Reminding all those who support the monthly clean of the church that the next date is this coming Tuesday 1st September starting at 9.00am for about an hour. Please come along and help support this activity – you would be most welcome. Thanks.

ST JOSEPH'S – 200 CLUB 2026 – AUGUST DRAW

Congratulations to the winners:

1st Prize £100 – Ticket number 98 – Fraser Halliday

2nd Prize £25 – Ticket number 89 – Chris & Luke Ditchburn

There are plenty of numbers still available for the draws in September, October, November and December at a pro rata rate of £9! Why don't you join or take a further number? Speak to Linda Gow today – available numbers on the porch notice board. Is your lucky number still there....waiting for you!

ST JOSEPH'S - Parish Night out in November

Broughty Ferry Amateur Operatic Society are to stage the joyful, classic musical comedy, 'Crazy for You' at the Gardyne Theatre from 11th – 14th November 2026. The show is full of spectacular dancing and the wonderful songs of George and Ira Gershwin, including 'Someone to Watch over Me', 'They Can't Take that Away from Me' and the tap-filled 'I Got Rhythm'. If I can get 10 or more people interested, for the opening night, the 11th, I can get a reduction in the ticket price of £2 making them £18 adults and £16 seniors and children. If you want to come, please put your name and number of tickets required on the sheet on the church notice board or contact me directly on 669598 or text 07751 542496 or email – hwyl@talktalk.net
It's a super show! Thanks - Helen Wylie

SOCIAL EVENT – Magical Musical Memories

An afternoon of organ music with **Gary White** in **Our Lady**

of Victories Church Hall, Forebank Road, Dundee on **Sunday 4 October at 2.30pm**. Come and sing along and delight in favourites new and old! Proceeds to Our Lady of Victories and Mary's Meals. Tickets £7 available from Our Lady of Victories or phone 07496 539968.

ST NINIAN CC Juniors The next CC Juniors will be 3rd September when Jek from Ninewells Community Garden will be coming to chat to us. Please let me know who can make it. Thank you

Parish Pastoral Council

The next Parish Pastoral Council meeting will take place in the church hall on Wednesday 21 September at 7pm. Our Pastoral Council is 'synodal', which means it is there to listen to and learn from the voices of all parishioners, to serve the whole community with care and compassion and to foster opportunities to deepen all of our spiritual lives. To help us do this, you are invited to place any issues you would like to bring to the attention of the council in the locked box at the back of the church. Thank you.

Afternoon Tea

Our delicious Afternoon Tea will be served this coming Thursday 17 August in CC's. All are welcome! As our lovely CC's helpers like to have tables beautifully set and be ready to serve, we kindly and respectfully ask that our guests arrive no earlier than 12.30pm. If you have not already reserved a place please do so at the back of the church or text Maureen on 07766886080. Cost £6

Cake and Candy Stall

Everyone is welcome to contribute home baking for our popular Cake and Candy stall next weekend: 29/30 August. Please remember to label and price each item.

A gentle reminder for parishioners to please visit the stall next weekend and show support and appreciation for the loyalty of our bakers in producing these tasty goods at their own expense in service to our parish. Thank you.

August Ethical Buying Suggestion

Holiday Responsibly

When travelling, support local businesses, avoid single-use plastics and respect the places you visit.

200 club winner: M Flynn

ST NINIAN OFFERTORY 23/08/2026

OFF 450.00

GA 210.00 TOTAL: £640.00