

Sunday Newsletter

St Ninian RC Church & St Joseph RC Church

01 AUGUST 2026

ORDINARY TIME

THE GROWTH OF DISCIPLESHIP

Ordinary Time is the longest season of the liturgical year. It is a time to deepen our faith, grow in holiness, and live out our baptismal call through everyday life.



Today's readings reveal a God who sees our hunger and responds with compassion. Through Isaiah, God invites us: "Come, all you who are thirsty, come to the water." God does not merely recognise our needs; he offers himself as the answer to our deepest hunger and thirst. In the Gospel, Jesus withdraws to a lonely place, yet when he sees the crowds, his heart is moved with compassion. The disciples see only five loaves and two fish and think it is not enough. Jesus, however, says, **"There is no need for them to go: give them something to eat yourselves."**

This is a powerful challenge to us. We may often look at the problems around us—poverty, hunger, loneliness, injustice and environmental destruction—and think, "What can I possibly do?" Jesus teaches us to offer what we have, however little it may seem. When placed in his hands, our little becomes enough.

Paul reminds us that nothing can separate us from Christ's love. Therefore, strengthened by that love, let us become people who feed, care, share and protect God's creation. May we never ask, "What difference can I make?" but rather, **"Lord, what do you want me to share?"**

PRAYER FOR THE NEW WEEK

Heavenly Father, as I begin this new week, I place myself and my entire family into Your loving hands. Thank You for the gift of life, Your unfailing mercy, and Your constant protection. Go before us in every step we take and fill our hearts with Your peace. Bless our work, studies, ministry, and daily responsibilities with success and purpose. Keep us safe from every danger, sickness, accident, temptation, and evil. Strengthen our faith when we face challenges, and help us to trust You in every circumstance. Fill our home with love, unity, forgiveness, and joy. Grant us wisdom to make good decisions and generous hearts to serve others. May Your Holy Spirit guide our words and actions so that we may glorify You in all we do. We entrust this new week to the intercession of the Blessed Virgin Mary and all the saints. Through Christ our Lord. Amen.

WEEKLY ACTIVITIES

Our Sunday Masses:

Vigil Mass: 5.00pm in St Ninian's RC Church

Sunday Mass:

9.30am in St. Ninian's RC Church
11.00am in St. Joseph's RC Church

Daily Masses

St Ninian's RC Church:

Tuesday; 10am
Wednesday; 10am
Friday; 10am.

St Joseph's RC Church:

Wednesday; 11am
Thursday; 10am
Saturday; 10am

Holy Days of Obligation:

Vigil Mass: 5.00pm in St Ninian's RC Church

Day Masses:

Morning: As announced.

EXPOSITION;

Saturday; 10.30am to 11am in St Joseph's Church
Friday; 10.30am to 11am in St. Ninian's Church
Birthday Celebrations; 3rd Sunday of the month

Sacrament of Reconciliation - Confession

St. Ninian; Saturday 4.15pm—4.45pm
St. Joseph; Saturday 10.30am

YOU ARE ALWAYS WELCOME TO HAVE A CUPPA WITH US AFTER THE SUNDAY MASSES.

Rev. Michael Ngobili +441382669966

(BPhil, BA Phil, BTh, BSc Arc, MSc Arc, BSc Mgmt)

PARISH EMAILS

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Parishes Web Addresses

<https://stniniansparish.co.uk>

<https://stjosephsdundee.org.uk>

Sunday 2 August 2026

18th Sunday in Ordinary Time ■

Liturgical Colour: Green. Year: A(II).

Readings at Mass

First reading

Isaiah 55:1-3

‘Come and eat.’

Thus says the Lord:

‘Come, everyone who thirsts, come to the waters;
and he who has no money, come, buy and eat!
Come, buy wine and milk without money and without price.
Why do you spend your money for that which is not bread,
and your labour for that which does not satisfy?
Listen diligently to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;
hear, that your soul may live;
and I will make with you an everlasting covenant,
my steadfast, sure love for David

Responsorial Psalm

Ps 145(144):8-9. 15-16. 17-18. R. cf. 16

You open your hand and fulfil us, O Lord.

The LORD is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the LORD to all,
compassionate to all his creatures.

You open your hand and fulfil us, O Lord.

The eyes of all look to you,
and you give them their food in due season.
You open your hand and satisfy
the desire of every living thing.

You open your hand and fulfil us, O Lord.

The LORD is just in all his ways,
and holy in all his deeds.
The LORD is close to all who call him,
who call on him in truth.

You open your hand and fulfil us, O Lord.

Second reading

Romans 8:35, 37-39

‘Nothing in all creation will be able to separate us from the love of God in Christ.’

Brothers and Sisters: Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? No, in all these

things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Gospel Acclamation

Matthew 4:4b

Alleluia, alleluia.

One does not live by bread alone,
but by every word that comes forth from the mouth of God.
Alleluia.

Gospel

Matthew 14:13-21

‘They all ate and were satisfied.’

At that time: When Jesus heard of the death of John the Baptist, he withdrew in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore he saw a great crowd, and he had compassion on them and healed their sick. Now when it was evening, the disciples came to him and said, ‘This is a desolate place, and the day is now over; send the crowds away to go into the villages and buy food for themselves.’ But Jesus said, ‘They need not go away; you give them something to eat.’ They said to him, ‘We have only five loaves here and two fish.’ And he said, ‘Bring them here to me.’ Then he ordered the crowds to sit down on the grass, and taking the five loaves and the two fish, he looked up to heaven and said a blessing. Then he broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

BIDDING PRAYERS

Priest:

My brothers and sisters, trusting in the love of God revealed to us in Christ Jesus, let us bring before the Lord the needs of the Church, our world, our communities and all who are hungry or in need.

Response: Lord, hear our prayer.

1. For the Church:

For the Church throughout the world, that, nourished by the Word of God and the Bread of Life, she may continue Christ’s mission of feeding the hungry, welcoming the poor and offering hope to those who thirst for truth and peace.

Let us pray to the Lord.

Response: Lord, hear our prayer.

2. For those who are hungry and in need:

For all who lack food, clean water, shelter or the basic necessities of life; for refugees, the homeless, the unemployed and those living in poverty. May God, who invites all who are thirsty to come and receive freely, move our hearts to respond generously to their needs.

LOURDES PICTURE GALLERY

Let us pray to the Lord.

Response: Lord, hear our prayer.

3. For our world and our common home — Eco Prayer:

For the earth which God has entrusted to our care. As Jesus fed the multitude with the gifts of creation, may we learn to receive the earth with gratitude rather than greed. May we protect our rivers and seas, care for the soil, cherish biodiversity and use the earth's resources responsibly, so that all people, especially future generations, may have enough to eat and drink.

Let us pray to the Lord.

Response: Lord, hear our prayer.

4. For those who are suffering:

For those who are experiencing illness, grief, loneliness, persecution or hardship. May they discover, even in the midst of suffering, that nothing can separate them from the love of Christ, and may they be strengthened by the support and compassion of others.

Let us pray to the Lord.

Response: Lord, hear our prayer.

5. For our families and communities:

For our families, friends and communities, that we may imitate Jesus who saw the hungry crowd and responded with compassion. May we never remain indifferent to the needs of those around us, but willingly share what we have with generosity and love.

Let us pray to the Lord.

Response: Lord, hear our prayer.

6. For those who serve others:

For all who work to alleviate hunger and poverty: food-bank volunteers, charities, farmers, healthcare workers, aid workers and all who serve the vulnerable. May God bless their generosity and give them strength to continue their work.

Let us pray to the Lord.

Response: Lord, hear our prayer.

7. For our departed loved ones:

For those who have died, especially those who died in poverty, hunger, war or without the comfort of loved ones. May they be welcomed into the eternal banquet of heaven, where every hunger and thirst is satisfied in God's presence.

Let us pray to the Lord.

Response: Lord, hear our prayer.

Priest:

Loving Father, you invite all who hunger and thirst to come to you and receive without price. Hear the prayers of your people and make us instruments of your compassion, that, strengthened by the love of Christ, we may generously share the gifts you have given us. Through Christ our Lord.

All: Amen.





PARISH PRIEST DESK

PARISH EVENTS

DATES FOR YOUR DIARY

This announcement is for the two parishes: Please block these dates for us;

Combined Parish Harvest day : Sunday 27th of September at 10am at St Ninian RC Church

Parish Retreats:

St Ninian: Saturday 22 August 10.30am

St Joseph: Saturday 15 August 10.30am

PRAYER FOR THE SICK

Please pray for those who are sick— Franks Forbes, Pam Herron, Jim Ashwood, John McGuire, Cathie and Albert Soave, Alan Newell, May Cosgrove, Mike McKernie, Margaret McDonagh, Gillian Donnelly, Maureen and Stan Clementsmith, Irene Blaney, Maggie Stewart, Fletcher Ditchburn, Margaret Forsyth, Gordon Sangster, Bill Martin, Mary Clark, Bella Shaw, Angela Keith, Cecilia McCarten, Bethany Williamson, Irene McKay, Saul Sangster, Margaret Beck, Tony Beck, Anya Behl, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie and Gerard Halliday. **May they feel the healing power of Christ, in body and in spirit.**

PRAYER FOR THE DEAD

Please pray for those who have died and gone before us in faith - for the souls of Christene Hampton, Andrew Conway, Pauline Murphie, Charles Devine, Margaret Fitzpatrick, Mollie Petrie, Bob Low, Violet Anderson, Ritchie Harper, Bert Watson, George Brady, Archie McCauley, Bishop Edward Daly and Fr Felix McBride (St Joseph's Parish Priest 1977 to 1979), whose anniversaries occur around this time. **May God grant them, and the souls of all the faith-**

ST JOSEPH

ST JOSEPH'S - OFFERTORY COLLECTION – SUNDAY 26 JULY

Loose Plate £120 Gift Aid Envelopes £183 Standing Orders £356 Additional Offertories £10 Restoration Fund (New) £150 **TOTAL OFFERTORIES £819**

THANK YOU FOR ALL YOUR FINANCIAL SUPPORT

Please try to give a little more each week to help St Jo's.

ST JOSEPH'S – PARISH RETREAT 2026

Inviting all parishioners to our Church Retreat Day which is on Saturday 15 August starting at 10.30am. Full details will be provided soon but it is important that we all try to make the time to attend this. Please give this your full priority.

ST JOSEPH'S – HOME BAKING EVENT & PLANT SALE

Last Sunday's Social Club's event raised the wonderful amount of **£140**. Many thanks to all those who supported. This money has been donated to our **new Restoration Fund**.

ST JOSEPH'S – NEXT CHURCH CLEAN

Reminding all those who support the monthly clean of the church that the next date is Tuesday 4 August starting at 9.00am for about an hour. Please come along and help support this activity – you would be most welcome. Thanks.

ST JOSEPH'S – EAGLES WINGS - TOILETRIES

We are still asking for basic toiletries in support of Eagle's Wings for their continuing assistance with the homeless in Dundee. There is a basket in the porch for any items that you care to provide. Many thanks.

ST NINIAN

PARISH RETREAT: 'Do not be afraid'

A Parish Experience of Belonging, Grace & Witness

You are all warmly invited to St Ninian's Church on Saturday 22 August, 10.00am–12.30pm, for a special morning led by Canon Kevin Golden.

We all long to belong—to feel welcomed, to encounter God's transforming grace, and to grow in giving joyful witness to the Gospel of Jesus Christ, bringing hope and love to others, especially in these challenging times.

Canon Kevin has prepared a beautiful programme of prayer, listening, reflection, music, and time to be together as a parish family. It promises to be a morning of encouragement, renewal, and grace.

Whether you're new to the parish or have been here for many years, this is for everyone. Come and be uplifted!

School Uniform Giving Tree

The Giving Tree is now in 'bloom' again with school uniform tags. Now that the new school year is approaching we would be most grateful if you could please take a tag and help our primary school families who are needing a wee bit of support at the moment. Any contributions would be much appreciated by Sunday 9th August. Thank You

Church Cleaning: All Welcome

Church Cleaning will take place on Wednesday 4 August after the 10am Mass. If you have an hour to spare please come along and give a hand. You will be made most welcome.

CC Helpers

If you would like to find out about joining the happy group of helpers in our cafe at St Ninian's please text **Margret 07917461640** or **Maureen 07766886080**

SUNDAY OFFERTORY 6/7/26 TOTAL 612.50

28/7/26 TOTAL 501.95

23/3/26 TOTAL 561.83

13/7/26 TOTAL 1,008.95