

Sunday Newsletter

St Ninian RC Church & St Joseph RC Church

05 JULY 2026

ORDINARY TIME

THE GROWTH OF DISCIPLESHIP

Ordinary Time is the longest season of the liturgical year. It is a time to deepen our faith, grow in holiness, and live out our baptismal call through everyday life.



PRAYER FOR THE NEW WEEK

Heavenly Father, as I begin this new week, I place myself and my entire family into Your loving hands. Thank You for the gift of life, Your unfailing mercy, and Your constant protection. Go before us in every step we take and fill our hearts with Your peace. Bless our work, studies, ministry, and daily responsibilities with success and purpose. Keep us safe from every danger, sickness, accident, temptation, and evil. Strengthen our faith when we face challenges, and help us to trust You in every circumstance. Fill our home with love, unity, forgiveness, and joy. Grant us wisdom to make good decisions and generous hearts to serve others. May Your Holy Spirit guide our words and actions so that we may glorify You in all we do. We entrust this new week to the intercession of the Blessed Virgin Mary and all the saints. Through Christ our Lord. Amen.

Today's readings present a beautiful invitation to discover the true source of peace and rest. The prophet Zechariah announces the coming of a King who is humble, riding not on a war horse but on a donkey. Christ's kingdom is built not on violence or domination but on love, mercy, and humility. He conquers hearts, not nations. In the second reading, St. Paul reminds us that we are no longer to live according to the flesh but according to the Spirit. Through the Holy Spirit dwelling within us, we receive new life and the strength to overcome sin. Every day we are invited to choose the path that leads to life rather than the path that leads us away from God.

In the Gospel, Jesus thanks His Father for revealing divine truths to the humble and simple of heart. He then extends one of the most comforting invitations in Scripture: "Come to me, all you who labour and are burdened, and I will give you rest." True rest is not merely the absence of work or problems; it is the peace that comes from trusting Christ. When we carry His yoke—living by His teachings—we discover that His burden is light because He walks beside us. May we approach Jesus today with humble hearts, allow the Holy Spirit to guide us, and find in Christ the lasting peace that the world cannot give. Amen.

WEEKLY ACTIVITIES

Our Sunday Masses:

Vigil Mass: 5.00pm in St Ninian's RC Church

Sunday Mass:

9.30am in St. Ninian's RC Church
11.00am in St. Joseph's RC Church

Daily Masses

St Ninian's RC Church:

Tuesday; 10am
Wednesday; 10am
Friday; 10am.

St Joseph's RC Church:

Wednesday; 11am
Thursday; 10am
Saturday; 10am

Holy Days of Obligation:

Vigil Mass: 5.00pm in St Ninian's RC Church

Day Masses:

Morning: As announced.

EXPOSITION;

Saturday; 10.30am to 11am in St Joseph's Church
Friday; 10.30am to 11am in St. Ninian's Church

Birthday Celebrations; 3rd Sunday of the month

Sacrament of Reconciliation - Confession

St. Ninian; Saturday 4.15pm—4.45pm
St. Joseph; Saturday 10.30am

**YOU ARE ALWAYS WELCOME TO HAVE A CUPPA
WITH US AFTER THE SUNDAY MASSES.**

Rev. Michael Ngobili +441382669966

(BPhil, BA Phil, BTh, BSc Arc, MSc Arc,
BSc Mgmt)

PARISH EMAILS

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Parishes Web Addresses

<https://stniniansparish.co.uk>

<https://stjosephsdundee.org.uk>

Sunday 5 July 2026

14th Sunday in Ordinary Time ■

Liturgical Colour: Green. Year: A(II).

Readings at Mass

First reading

Zechariah 9:9-10 ·

‘Behold, your king is coming to you, humble.’

Thus says the Lord:

Rejoice greatly, O daughter of Sion!

Shout aloud, O daughter of Jerusalem!

Behold, your king is coming to you;

righteous and having salvation is he,

humble and mounted on a donkey,

on a colt, the foal of a donkey.

I will cut off the chariot from Ephraim

and the war horse from Jerusalem;

and the battle bow shall be cut off,

and he shall speak peace to the nations;

his rule shall be from sea to sea,

and from the River to the ends of the earth.

Responsorial Psalm

Ps 145(144):1-2. 8-9. 10-11. 13c-14. R cf. 1

I will bless your name for ever, my God and king.

I will extol you, my God and king,

and bless your name for ever and ever.

I will bless you day after day,

and praise your name for ever and ever.

I will bless your name for ever, my God and king.

The LORD is kind and full of compassion,

slow to anger, abounding in mercy.

How good is the LORD to all,

compassionate to all his creatures.

I will bless your name for ever, my God and king.

All your works shall thank you, O LORD,

and all your faithful ones bless you.

They shall speak of the glory of your reign,

and declare your mighty deeds.

I will bless your name for ever, my God and king.

The LORD is faithful in all his words,

and holy in all his deeds.

The LORD supports all who fall,

and raises up all who are bowed down.

I will bless your name for ever, my God and king.

Second reading

Romans 8:9, 11-13 ·

‘If by the Spirit you put to death the deeds of the body, you will live.’

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

Gospel Acclamation

Cf. Matthew 11:25

Alleluia, alleluia.

I thank you, Father, Lord of heaven and earth,

you have revealed the secrets of the kingdom to little children.

Alleluia.

Gospel

Matthew 11:25-30

‘I am gentle and lowly in heart.’

At that time Jesus declared, ‘I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

BIDDING PRAYERS

Celebrant:

Gathered as God’s people and trusting in the gentle and humble heart of Christ, let us bring our prayers before our Heavenly Father.

1. **For the Church:** that the Church may always proclaim Christ, the humble King, with courage and compassion, leading all people to the peace and salvation found in Him. **Lord, in your mercy: Hear our prayer.**

2. **For world leaders:** that they may reject violence and oppression, govern with wisdom and humility, and work tirelessly for justice, peace, and reconciliation among all peoples. **Lord, in your mercy: Hear our prayer.**

3. **For the care of our common home:** that we may be faithful stewards of God's creation, protecting the earth, conserving its resources, and inspiring future generations to cherish the gift of creation entrusted to us. **Lord, in your mercy: Hear our prayer.**

4. **For those who are weary or burdened:** especially those suffering from illness, loneliness, anxiety, grief, or financial hardship, that they may experience the comforting presence of Christ, who promises rest to all who come to Him. **Lord, in your mercy: Hear our prayer.**

5. **For our parish community:** that, guided by the Holy Spirit, we may live not according to selfish desires but according to God's will, growing daily in faith, hope, and love. **Lord, in your mercy: Hear our prayer.**

For the faithful departed: that all who have died, especially our relatives, friends, and benefactors, may be welcomed into the eternal peace and joy of God's heavenly kingdom. **Lord, in your mercy: Hear our prayer.**

Celebrant:

Heavenly Father, you reveal your love to the humble and invite all who are weary to find rest in your Son. Hear the prayers we offer with confidence and grant them according to your holy will. We ask this through Christ our Lord. **Amen.**

PRAYER FOR THE SICK

Please pray for those who are sick— Frankes Forbes, Pam Herron, Jim Ashwood, John McGuire, Maureen and Stan Clementsmith, Mike McKernie, May Cosgrove, Irene Blaney, Maggie Stewart, Cathie Soave, Albert Soave, Fletcher Ditchburn, Margaret Forsyth, Gordon Sangster, Bill Martin, Mary Clark, Bella Shaw, Angela Keith, Cecilia McCarten, Alan Newell, Bethany Williamson, Irene McKay, Saul Sangster, Gillian Donnelly, Margaret Beck, Tony Beck, Anya Behl, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie, Gerard Halliday and Margaret McDonagh. **May they feel the healing power of Christ, in body and in spirit.**

PRAYER FOR THE DEAD

Please pray for those who have died and gone before us in faith - for the souls of Margaret Clark, Helen Clark, Mary Devlin, Margaret Reid, Mildred Strachan and Lawrence Sterpiaio, whose anniversaries occur around this time. **May God grant them, and the souls of all the faithful departed, eternal rest.**

KNOW YOUR FAITH!

Love Sees Beyond Faults

One of the greatest signs of a true Christian is not how much they know about the faith, but how deeply they love. Jesus gave us a simple yet demanding command: "Love one another as I have loved you." His love was patient, merciful, forgiving, and unconditional.

Sadly, we often find it easier to notice the faults of others than to appreciate their goodness. A single mistake can overshadow years of kindness. We are quick to criticise, judge, and condemn, forgetting that we too are imperfect and in constant need of God's mercy. The words we speak about others can either heal or wound, build up or destroy.

Forgiveness has also become difficult for many. We hold on to hurts, replay offences in our minds, and allow resentment to take root. Yet every time we pray the Lord's Prayer, we ask God to "forgive us our trespasses as we forgive those who trespass against us." We cannot sincerely seek God's forgiveness while refusing to forgive others.

Christian love does not pretend that wrongdoing is acceptable, but it always leaves room for repentance, reconciliation, and a new beginning. Love chooses compassion over condemnation, understanding over suspicion, and mercy over revenge. It seeks the good in others and encourages them to become better rather than tearing them down.

This week, let us make a conscious effort to speak kindly, judge less, forgive more readily, and recognise the goodness God has placed in every person. When love becomes the measure of our words and actions, we become living witnesses of Christ, whose mercy has transformed our own lives.



PARISH PRIEST'S DESK

PARISH EVENTS

DATES FOR YOUR DIARY

This announcement is for the two parishes: Please block these dates for us;

Combined Parish Harvest day : Sunday 27th of September at 10am at St Ninian RC Church

Parish Retreats:

St Ninian: Saturday 22 August 10.30am

St Joseph: Saturday 15 August 10.30am

Parish spotlight

A heartfelt thank you to our wonderful organists—Kevin, Maureen, Collette, and Moira—for your faithful dedication and generous service to our parish. Your beautiful music enriches our liturgies, uplifts our hearts, and helps us to pray more deeply. We are truly grateful for the time, talent, and commitment you share so willingly each week. May God bless you abundantly and reward your kindness and faithful ministry.

GENERAL ANNOUNCEMENTS

2. THERE IS A 2ND COLLECTION FOR NEXT SUNDAY 12 JULY— Apostleship of the Sea. PLEASE DONATE GENEROUSLY

ST JOSEPH

ST JOSEPH'S - OFFERTORY COLLECTION - SUNDAY 28 JUNE

Loose Plate £132 Gift Aid Envelopes £258 Standing Orders £356 Additional Offertories £0 Restoration Fund (New) £25 TOTAL OFFERTORIES £771

2nd Collection Sunday 28 June – PETERS PENCE - £102

THANK YOU FOR ALL YOUR FINANCIAL SUPPORT

Please try to give a little more each week to help St Jo's.

ST JOSEPH'S – CHURCH CLEANING – 7th JULY

The regular monthly clean of our church will take place next Tuesday – 7th July – starting at 9.00am for about an hour. Please come along and help make our church sparkle as one of the cleaning team – you would be most welcome. Many thanks.

ST NINIAN

Offertory collection 28 June

OFF £331.00 GA £317.56 GA £220.00 PETERS PENCE £116.06 TOTAL £653.62

Winner of 200 Club:

K. Hampton

Children's Liturgy

Children's Liturgy sessions have now closed for the holidays and will restart on 23rd August. Can you please add the Harvest Festival (27th Sept) to your calendar as the children will be taking part. We wish you all a happy summer.

Orchard Opening at St Ninian's

You are warmly invited to the opening of the "Mgr Ken McBride Orchard" on Thursday 9th July at 1pm. Mgr Ken will join us in the church grounds to cut the ribbon. Tea and sandwiches in CC's will follow. Please let us know if you can join us for what should be a lovely afternoon.

Church Cleaning: All Welcome

Church Cleaning will take place on Wednesday 8 July after the 10am Mass. If you have an hour to spare please come along and give a hand. You will be made most welcome.

Parish Offertory Collection Boxes

The annual Offertory Collection Boxes are now named and ready for collection at the back of the church. Thank you.

Cake and Candy

The sale of cake and candy last weekend raised £80 for church funds. Thank you to all our wonderful bakers and to those of you who supported the sale. The next cake and candy event will be held on 29th and 30th August

Afternoon Tea Resumes

Please come along to our very first Summer Afternoon Tea and Prize Raffle on **Thursday 30th July** at 12.30pm in the newly refurbished CC's at St Ninian's. Enjoy our tasty delights and joyfilled company. All welcome. If you need transport let us know.

For reservations text: Margaret on **07917461640** or let one of the ladies know. **Cost £6**

CC Helpers

If you would like to find out about joining the happy group of helpers in our cafe at St Ninian's please text **Margaret 07917461640 or Maureen 07766886080**