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## Welcome to St. Joseph's Roman Catholic Church

Rev. Gregory Murphy OP  
Parish Priest

Chaplain to Dundee and Abertay Universities

42 Wilkie's Lane, Dundee DD1 5HR

Tel: (01382) 229 099

Mobile: 07598 113842

Email: [stjosephdundee@dunkelddiocese.org.uk](mailto:stjosephdundee@dunkelddiocese.org.uk)

### SACRAMENTAL SCHEDULE

#### HOLY MASS – THE EUCHARIST

In Church: Sunday at 10.00am. In winter in Chapel: on Monday, Wednesday, Friday and Saturday at 10.00am.

**ADORATION OF THE BLESSED SACRAMENT** with benediction on Wednesday after 10.00am Mass.

**HOLY DAYS OF OBLIGATION** Mass: 10.00am and 6.00pm.

**SACRAMENT OF PENANCE** - by appointment with Fr Greg. Parish Priest is available to visit sick parishioners who are sick at home and may administer the **SACRAMENT OF THE SICK**. Please telephone landline or mobile to request an appointment with the priest.

For more info: webpage [www.stjosephsdundee.org.uk](http://www.stjosephsdundee.org.uk)

### HOSPITAL PRIEST CONTACT ON 07821 624 124

### HOMILY HELP

The devil's three temptations match up pretty neatly with the three disciplines of Lent that Jesus spoke of in the Gospel that we just heard on Ash Wednesday. When we fast, we are likely to be hungry, to wish we could turn stones to bread, to satisfy our hunger with something fresh and tasty. When we give alms, we give money that we could use ourselves to acquire more than we need, to live like royalty. When we pray, we are reminded that we are the supplicant, the one in need of God's grace and mercy, not the one who can command God to do what we want. May our Lenten practices help put our faith into action while building in us the ability to resist temptation.

### HOMILY HELP

Note that Jesus is not alone in the desert for forty days. He goes there immediately after he is baptized, that is, after he receives the Holy Spirit. The Holy Spirit accompanies him the entire time, through hunger, hardship, and temptation. We have been baptized, so we too are filled with the Holy Spirit, ready to help us resist temptation, endure hardship, and avoid despair.

# St Joseph's Weekly Parish Newsletter

### BREAD AND STONES

In the Gospel Reading, Jesus has not eaten for forty days in the desert and he feels the whole forty days' worth of hunger. That's a lot of hunger! Satan comes to him in the desert and urges him to turn stones into bread so that Jesus has something to eat. Now there's nothing good about hunger, and there's nothing bad about bread. On the contrary, Jesus himself *commands* us to pray for bread daily.

And there is no question about the fact that Jesus has the power to provide bread for himself. He can turn water into wine, and he can stop being hungry by turning stones into bread. As far as that goes, Jesus himself tells us that if a son asks his father for bread, no good father will give him a stone (Lk11:11). So Jesus could get bread from stones just by asking his Father, who is God and good, to give him bread. Why doesn't Jesus do so? And what are we to make of the line with which Jesus refuses Satan's suggestion: "people do not live by bread alone?" If I suggest that you might like some ham, what sense does it make for you to tell me that people do not live by ham alone?

Notice, though, that that line does make sense if what you are telling me is that you are full. In another Gospel, Jesus says, "Man does not live by bread alone, *but by every word that proceeds from the mouth of God.*" (Matt 4:4) Jesus himself is the Word of God, and he came into the desert filled with the Spirit of God (Lk 4:1). Even though he is hungry after so long a fast, then, there is another sense in which he really is full.

Jesus' rejection of Satan's urging gives us a pattern for our lives. In our suffering, when those things we think we need in order to live are denied us, we do not have to be desperate. When we are hungry for what we do not have because our Father God has not given it, we still have the Word of God, which comes into us and can fill us. Jesus, who is the cornerstone of the Church, is our bread at the same time. And so we can be like him: full—even when, in the stony parts of our lives, we are hungry, too.

*Eleonore Stump*

### A SIMPLE PRAYER FOR INNER PEACE

Take some time to be quiet in yourself, closing your eyes, and simply pause to breathe in and out, experiencing peace for a few moments, and then breathe in and out repeating several times the words:

*Jesus in your love,  
Have mercy on me*

## INTRODUCTION TO THE LITURGY OF THE DAY

Each year on the first Sunday of Lent we hear how Jesus was tempted by the devil three times during his forty days in the desert. Each time, Jesus resisted the devil, finding strength in God's word. As we embark on these forty days of Lent, we will encounter temptation as well. Our temptations will vary, but each will sound attractive in its own way. This Lent, let us keep in mind Jesus' responses to the devil in the desert and pray for the strength we need to resist temptation and to repent of the times we fail to do so.

## INTRODUCTION TO THE LITURGY OF THE WORD

Today and every Sunday we offer our gifts at the altar of the Lord. Today's first reading narrates the reasons for the Chosen People's gratitude to God, which lead them to offer first fruits and thanksgiving to the LORD. Saint Paul assures the Romans that all who confess their faith and seek help from the Lord will be saved. Finally, we hear Jesus quote God's words when he resists the devil's temptations in the desert. Let us now listen to the word of God, knowing that in God's word we find salvation.

## LITURGY OF THE WORD

**First Reading** Deuteronomy 26: 4-10

The creed of the chosen people.

**Responsorial Psalm** Psalm 90

**'Be with me, O Lord, in my distress.'**

**Second Reading** Romans 10: 8-13

The creed of the Christian.

***Man does not live on bread alone, but on every word that comes from the mouth of God.***

**Gospel** Luke 4: 1-13

Jesus was led by the Spirit through the wilderness and was tempted there.

## PARISH PRAYER INTENTIONS 9 MARCH 2025

**Please pray for those who are sick at home or in hospital especially those of our Parish** – His Holiness Pope Francis, Albert Soave, Peter Angus, Bethany Williamson, Irene McKay, Margaret Forsyth, Saul Sangster, Rena Samson, Gillian Donnelly, Margaret Beck, Tony Beck, Anya Behl, Fletcher Ditchburn, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie, Gerard Halliday and Margaret McDonagh. **May they feel the healing power of Christ, in body and in spirit.**

**Please pray for those who have died and gone before us in faith** – for the souls of Ann McHugh Dye, Carl Assenti, Ashley Parlane, Tom McGouldrick, Mary Smith, Michael G McBride and Brian Hutchison, whose anniversaries occur around this time. **May God grant them, and the souls of all the faithful departed, eternal rest.**

## SCIAF DAY OF PRAYER

SCIAF invites you to join their WEE BOX of Prayer on Friday 14 March. On this day, as a community, we pause to reflect, connect, and pray for peace and hope for communities in Columbia. We know that through prayer we can deepen our relationship with God, seek guidance, and offer support to those in need. For more information about the Day of Prayer, please visit – [www.sciaf.org.uk/weebox](http://www.sciaf.org.uk/weebox)

**WEE BOXES 2025** – these were handed out last Sunday so if you still require a box, packs are available on porch desk.

## FEASTS AND MEMORIALS

**ST JOHN OGILVIE – FEAST**

**Monday 10 March**

St John Ogilvie, Martyr, was born in 1580 at Drum, near Keith. Educated a Calvinist, he went to the Low Countries and was received into the Catholic Church by Father Cornelius à Lapide. He became a Jesuit, was ordained priest in 1613 and landed in Scotland that year. In Edinburgh and Glasgow, he reconciled many to the Ancient Faith, but was betrayed, imprisoned and tortured, and finally hanged in Glasgow in 1615. (*Information leaflet on porch desk*).

**Next Week – Wednesday 19 March**

**ST JOSEPH, SPOUSE OF THE VIRGIN MARY – SOLEMNITY**

St Joseph is shown in the Gospels as the wise and just man, who had worked out the kindest way to deal with Our Blessed Lady's mysterious pregnancy, and who could then accept the will of God which pointed out a different path even when it contradicted his life plans. He has acquired many titles: Husband of Mary, Foster-Father of the Child Jesus, Guardian of the Holy Family, **Protector of the Church**, patron of a happy death.

**There will be a Mass held on this Wednesday at 10.00am in the crypt chapel with refreshments after in the church house dining room. Please join us for this special service.**

## OFFERTORY COLLECTIONS LAST SUNDAY 02/03/25

**Loose Plate £144 Gift Aid Envelopes £261**

**Standing Orders £259 Additional Offertories £275**

**Lectionary Donations £10**

**TOTAL £949**

**THANK YOU FOR ALL YOUR FINANCIAL SUPPORT**

## QUIET MOMENT

Did I offer peace today? Did I bring a smile to someone's face? Did I say words of healing? Did I let go of my anger and resentment? Did I forgive? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come.

*Henri Nouwen*

## NEW EASTER CARDS, ROSARIES, PRAYER CARDS

Easter cards, Carlo Acutis Prayer cards, new rosaries are available for sale from today in the church porch before and after the 10.00am Mass. All sales support our church funds here at St Joseph's. Have a look today!

## NEWS AND INFORMATION

**STATIONS OF THE CROSS** – today, and every Sunday during Lent, in the church at 3.00pm. This will be led this Sunday by Fr Greg. Please try to make the time to come.

**HOME BAKING EVENT** – this event held last Sunday, raised £75. Many thanks to those who provided the delicious goodies and to those who purchased on the day.

**JIM MURPHIE'S DIACONATE ORDINATION** - will be on Saturday 3 May 2025 at 12 noon in St Andrew's Cathedral.

**SAFEGUARDING MEETING** – would all parishioner volunteers who currently hold PVG accreditation advise John McKay if they **would / would not** be able to attend a short meeting in the church on Tuesday 1 April at 7.00pm.

**BANK ACCOUNT CHANGE** – all church cheques should now be made payable to: **TRUSTEES RC ST JOSEPHS 1** Thanks.