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## Welcome to St. Joseph's Roman Catholic Church

Rev. Gregory Murphy OP  
Parish Priest

Chaplain to Dundee and Abertay Universities

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### SACRAMENTAL SCHEDULE

#### HOLY MASS – THE EUCHARIST

In Church: Sunday at 10.00am. In winter in Chapel: on Monday, Wednesday, Friday and Saturday at 10.00am.

**ADORATION OF THE BLESSED SACRAMENT** with benediction on Wednesday after 10.00am Mass.

**HOLY DAYS OF OBLIGATION** Mass: 10.00am and 6.00pm.

**SACRAMENT OF PENANCE** - by appointment with Fr Greg. Parish Priest is available to visit sick parishioners who are sick at home and may administer the **SACRAMENT OF THE SICK**. Please telephone landline or mobile to request an appointment with the priest.

For more info: webpage [www.stjosephsdundee.org.uk](http://www.stjosephsdundee.org.uk)

### HOMILY HELPS

Note that Elijah needed a second push. After he ate and drank his fill, he went back to bed! The angel has to come back, awaken him again, and order him to complete his journey. It is only then, after eating and drinking some more, that he felt strong enough to continue.

What's important is that God did not give up on him. We too may need another push to get us on our way, but God will not give up on us either.

How often have we felt like saying, "O God, enough!" like Elijah? What has enabled us to continue, to eventually overcome the obstacles in our way? Today we hear Jesus assure the crowds that he is the Bread of Life and that he can and will sustain us forever. God had a journey planned for Elijah—to God's holy mountain—and wasn't going to let him give up.

Jesus has a journey planned for us—to God's kingdom—and isn't going to let us give up either. Whenever we feel like crying out, "Enough!" let us remember that Jesus can sustain us and nourish us through all of life's trials.

# St Joseph's Weekly Parish Newsletter

### GRIEVING GOD

In the Second Reading, Paul warns people not to grieve the Holy Spirit of God. It is a sad thing to grieve your mother or your best friend. It is really dreadful to grieve God himself. How does a person manage to do such a lamentable thing?

You grieve God when you engage in malice, Paul says.

Malice is the opposite of love. To love someone is to want the good for them and to want to be united with them, too. So, you can be malicious by refusing either of these desires of love. If you want what is bad for another person, or if you utterly reject another person, you are malicious with regard to them.

So, you don't have to engage in murder or theft or adultery to grieve God. As the Second Reading implies, you can grieve God just by reviling another person. You revile a person when you say bad things about him, to his face or behind his back, just for the sake of putting him down. When you do this, you take a kind of perverse pleasure in his badness. That is why reviling is malicious. It is the opposite of love's desire for the good of the other.

Bitterness is on Paul's list of ways to grieve God, too.

A bitter drink is one that has no sweetness in it; it just sets the drinker's teeth on edge. Your heart and mind are bitter if you are focused largely on the bad in things, and that bad-tempered focus of yours sets everybody else on edge as they try to tiptoe around you. You can't want the good for others if all you can see is the bad in them. And you can't want to be united with them either if your bitterness blocks joy in you.

If you revile others, if you are bitter, then you are malicious; and when you are malicious, you are opposed to love. But God is love, and it isn't possible for there to be union between God and what is opposed to God.

Your malice grieves God because he has lost you when you are malicious; and, for God, your loss is worth grieving.

It's a sobering thought to be so loved, isn't it?

*Eleonore Stump*

**HOSPITAL PRIEST CONTACT ON  
07821 624 124**

### QUESTION OF THE WEEK

How does receiving Christ in the Eucharist strengthen me to overcome obstacles on my journey to the kingdom?

DON'T FEAR REJECTION - FEAR REGRET

## INTRODUCTION TO THE LITURGY OF THE DAY

We may live in a part of the country where the heat that's accumulated by this time of year is overwhelming. If so, the first reading will resonate with us. Just one day into his journey across the desert, the great prophet Elijah is so hot and tired and hungry and thirsty that he actually prays for death. Whether due to extreme temperatures or something else, sometimes we may feel at the end of our ropes. May Elijah remind us that God comes to us in our hour of need, most significantly by sending us Jesus, the Bread of Life, whom we receive today in the Eucharist and who is with us always, accompanying us and sustaining us in our suffering.

## INTRODUCTION TO THE LITURGY OF THE WORD

We are reminded again today of the sustenance God provides us. In the first reading, Elijah is on the verge of dying of hunger and thirst. God sends him an angel, who brings him a scone and a jug of water, which sustain him on his journey across the desert to the mountain of God. In the Gospel, Jesus tells the huge crowd whom he had fed with five loaves and two fish that he is the bread of life, bread that will enable all those who eat it to live forever. God has given us the sustenance we need to make our journeys through this life and to the next.

## LITURGY OF THE WORD

**First Reading** 1 Kings 19: 4-8

Strengthened by the food he walked until he reached the mountain of God.

**Responsorial Psalm** Psalm 33

**'Taste and see that the Lord is good.'**

**Second Reading** Ephesians 4: 30 5: 2

Follow Christ by loving as he loved you.

**Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.**

**Alleluia!**

**Gospel** John 6: 41-51

I am the living bread which has come down from heaven.

## PARISH PRAYER INTENTIONS 11 AUGUST 2024

**Please pray for those who are sick at home or in hospital especially those of our Parish** – Marlene Kenny, Say Ly, Peter Angus, Margaret Forsyth, Mary Kidd, Linda Jamieson, Margaret Beck, Tony Beck, Anya Behl, Fletcher Ditchburn, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie, Gerard Halliday, Margaret McDonagh, Rena Samson and Leanne Walker. **May they feel the healing power of Christ, in body and in spirit.**

**Please pray for those who have died and gone before us in faith** – for the souls of Iain McCallum and Margaret Murphie, whose anniversaries occur around this time. **May God grant them, and the souls of all the faithful departed, eternal rest.**

## OFFERTORY COLLECTIONS LAST SUNDAY 04/08/24

Loose Plate £199 Gift Aid Envelopes £205

Standing Orders £259 Mortuary Chapel Refurb £12

**TOTAL £675**

**THANK YOU FOR YOUR FINANCIAL SUPPORT**

**2<sup>nd</sup> COLLECTION - THE BISHOPS' MENSAL FUND £117**

## WELCOME TO OUR NEW BISHOP OF DUNKELD

Yesterday, at St Andrew's Cathedral, the Episcopal Ordination of the Right Reverend Andrew McKenzie, Bishop Elect of Dunkeld, took place and he was installed as the 10<sup>th</sup> Bishop of Dunkeld. We offer our prayers, thanks and congratulations on his appointment and look forward to welcoming our new Bishop to St Joseph's, Protector of the Church, here in Wilkie's Lane, Dundee, in our 150<sup>th</sup> year.

## FEASTS AND MEMORIALS

### ST MAXIMILIAN MARY KOLBE

#### MEMORIAL

**Wednesday 14 August**

St Maximilian Mary Kolbe (194-1941): Raymond Kolbe was cruelly deprived of his father, hanged by the Russians as a traitor. He joined the Conventual Franciscan friars, taking the names Maximilian Maria and studied in Rome. Ordained in 1918, he returned to Poland and taught in a seminary in Krakow. He had a special devotion to the Immaculate Virgin Mary and, in addition to operating a radio station, he published several periodicals, magazines and articles, mainly on Marian subjects. In 1941 the German occupying forces arrested him and he was interned in Auschwitz. When one prisoner escaped, the authorities (to deter further attempts) decided to starve ten others to death. One of those chosen implored to be exempt because he had a wife and children, and Maximilian volunteered to be his substitute. Two weeks later, nine had starved to death but Maximilian was still alive, so a guard was ordered to give him a lethal injection.

### THE ASSUMPTION OF THE BLESSED VIRGIN MARY SOLEMNITY

**Thursday 15 August**

Tradition in the Church for many centuries, the doctrine of Mary's Assumption was solemnly defined by Pope Pius XII before a huge crowd in St Peter's Square on 1<sup>st</sup> November 1950: "...The Immaculate Virgin, preserved free from all stain of original sin...was taken up body and soul into heavenly glory...as Queen over all things...". There is, of course, no scriptural account of this event. The two gospels, from the Vigil and Day Masses both focus on the honour due to Mary as the one chosen to be Mother of God and who accepted God's choice. She is the ultimate disciple, who treasures God's word in her heart, and she is the one whom God has done great things, raising up his servant in her lowliness.

Thursday is a **HOLY DAY OF OBLIGATION** and there will be Masses at 10.00am and in the evening at 6.00pm.

## NEWS AND INFORMATION

**DIOCESAN SYNOD DAY** - "A SPIRITUAL EXPERIENCE OF SYNODALITY", at the Diocesan Pastoral Centre, DD1 2PF, on Saturday 24 August -10am to 2pm. Participants are asked to bring a packed lunch – tea and coffee will be provided. Email [StAndrew@dunkelldiocese.org.uk](mailto:StAndrew@dunkelldiocese.org.uk) or text 07948 215010 to reserve a place, by Thursday 15 August.

**CHILDREN'S LITURGY** – recommences this Sunday for those children 4 – 8 years. Collection point at Sacred Heart Altar.

**SPUC PETITION** – there is a request to sign and support the ending of the two-child family credit cap which is causing unnecessary suffering. Full details in the porch area.