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Welcome to St. Joseph's **Roman Catholic Church**

Rev. Gregory Murphy OP Parish Priest

Chaplain to Dundee and Abertay Universities

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SACRAMENTAL SCHEDULE

HOLY MASS – THE EUCHARIST

In Church: Sunday at 10.00am. In winter in Chapel: on Monday, Wednesday, Friday and Saturday at 10.00am.

ADORATION OF THE BLESSED SACRAMENT with benediction on Wednesday after 10.00am Mass.

HOLY DAYS OF OBLIGATION Mass: 10.00am and 6.00pm. **SACRAMENT OF PENANCE** - by appointment with Fr Greg. Parish Priest is available to visit sick parishioners who are sick at home and may administer the SACRAMENT OF THE SICK. Please telephone landline or mobile to request an appointment with the priest.

For more info: webpage www.stjosephsdundee.org.uk

HOSPITAL PRIEST CONTACT ON - 07821 624 124

HOMILY HELPS

As you heard today's second reading, you may have recognized a good many of the words and phrases. Many of them you also hear occasionally proclaimed at Mass. Scripture scholars tell us that these are not Paul's words; rather these words were almost certainly drawn from liturgical prayers and hymns that were already in use by the time someone wrote them down in Paul's name. These words have been used in our liturgies for nearly two thousand years. They have stood the test of time, for they are just as true today as they were then: out of love God destined us for adoption, Jesus redeemed us and lavishes us with his grace, God's will is to bring together all things in Christ, we are sealed with the Holy Spirit, we are called to respond with praise and thanks to God.

QUESTIONS OF THE WEEK

Can I accept the challenge the Twelve did? What "unclean spirits" do I see that I can try to drive out? For what do I see myself calling for repentance?

St Joseph's Weekly Parish Newsletter

THE CHECK IS IN THE MAIL

In the Second Reading, Paul says that God has blessed us with every spiritual blessing and chosen us to be holy and without blemish before him.

These are wonderful words, aren't they? I'm not sure I know the names of every spiritual blessing in the heavens, but here are some of them: love, joy, peace, patience, longsuffering. Not only are we blessed with all of these, according to Paul, but there's also being holy and without blemish!

And now could we have a reality check? Is there anyone who supposes he is without blemish? And what about holy? Even to ask the question is to risk laughter, isn't it? And then there's love, joy, peace, patience, and the rest. What would you give for just an hour of these blessings in any day of vour life?

So, what does Paul mean by saying that God has blessed us with all these good things?

To see the answer, imagine that you are desperately poor, unable to pay the medical bills, worried about the mortgage, afraid the car will give out, anxious about the school costs for the children. And then you get a phone call: you have won the lottery. No, no, the caller says, it's really true! You have won millions in the lottery. The state administrators of the lottery are now doing the paperwork, and by the end of next month the check will be in the mail.

Now what? Well, you still can't pay the medical bills this month, and all the other bills are going to be a big problem, too. You are still desperately poor—this month. But you will face your poverty very differently once you know you have won the lottery, won't you? The problems are all still exactly the same, except that you know you have won the lottery. Your problems are not going to last. The check is in the mail.

This is what Paul is talking about. We are what we are now, but we have won the lottery of life. God's grace works its way slowly in our lives, but his blessings are promised and sure. And so, our struggle with our sins and failures is not desperate, but hope-filled.

Hope is itself one of God's spiritual blessings to us.

Eleonore Stump

READINGS AND HOMILY NOTES – LOURDES

Fr Greg has printed a copy of his readings and homily that he will use at the Mass in Lourdes on Tuesday 16 July. Copies are available from the desk in the porch.

WELCOME TO ST JOSEPH'S - Protector of the Church

Thank you for your interest in our parish. Whether you're just visiting us for a brief time, looking for a new parish home, are returning to the practice of your Catholic faith or are interested in finding out more about the Catholic Church, we're happy you are here.

INTRODUCTION TO THE LITURGY OF THE DAY

As we gather to celebrate the Eucharist today, we are reminded that we are the Lord's disciples. In today's Gospel, the twelve apostles are sent out on their own for the first time. Jesus instructs them to preach repentance, cure those who are sick, and drive out demons. Jesus did not accompany them in person, but he was surely with them in spirit. This is our calling now. With the spirit of the Lord - and the Holy Spirit - in us, Jesus calls us to preach the Good News, to bring his healing touch to those in need, to confront evil, and to forgive wrongs. Let us listen to his instructions today.

INTRODUCTION TO THE LITURGY OF THE WORD

Summer is a popular time to take a trip, and so it is appropriate that today we hear two readings about travelling. Amos journeys from his home in Judah to prophesy in Bethel, but the authorities there order him to go elsewhere. Jesus sends the Twelve out to travel across the region, instructing them what to take and what to do on their journey. Let us prepare for our own travels, whether near or far, to do the Lord's work, for we are his disciples now.

LITURGY OF THE WORD

First Reading Amos 7: 12-15

Go, prophesy to my people.

Responsorial Psalm Psalm 84

'Let us see, O Lord, your mercy and give us your saving help.'

Second Reading Ephesians 1: 3-14 Before the world was made, God chose us.

Alleluia, alleluia! Your words are spirit, Lord, and they are

life: you have the message of eternal life. Alleluia!

Gospel Mark 6: 7-13

He began to send them out.

PARISH PRAYER INTENTIONS 14 JULY 2024

Please pray for those who are sick at home or in hospital especially those of our Parish — Marlene Kenny, Margaret Beck, Tony Beck, Anya Behl, Fletcher Ditchburn, Andrew Fyffe, Lyn Fyffe, Lisa Gillespie, Gerard Halliday, Margaret McDonagh, Rena Samson, Leanne Walker and Pat Smith. May they feel the healing power of Christ, in body and in spirit.

Please pray for those who have died and gone before us in faith – for the souls of Lawrence Sterpaio, Archie Archibald and Deacon Charles Hendry, who have died recently, and Jim Wylie, Daniel Perry, Roger Guy, Frank Wilson, Monsignor John Hanlon, Fr Anthony Boyle, Jean Dewar and Vera Swifte, whose anniversaries occur around this time. May God grant them, and the souls of all the faithful departed, eternal rest.

AT THE SUNDAY MASS TODAY

We welcome Father Charles Corrigan, who is a Redemptorist priest from St Mary's Monastery, Kinnoull, who will preside at the Mass this morning, Fr Greg is currently at Lourdes on the Diocesan Pilgrimage and will return late next Friday. Communion Service on Monday 15 July, no services or Masses on Wednesday 17 nor on Friday 19 July. There will be the usual Mass at 10.00am on Saturday 20 July.

OFFERTORY COLLECTIONS LAST SUNDAY 07/07/24

Loose Plate £119 Gift Aid Envelopes £204
Standing Orders £259 Additional Offertories £0
TOTAL £582

THANK YOU FOR YOUR FINANCIAL SUPPORT

2nd COLLECTION TODAY – 14th ILLLY

2nd COLLECTION TODAY – 14th JULY APOSTLESHIP OF THE SEA

A SUNDAY TO REMEMBER THOSE IN PERIL ON THE SEA

Remember seafarers facing conflict, abandonment and tough times. Because of the conflict in Gaza, ships sailing through the Red Sea face the threat of Houthi missiles, drone attacks and raiding parties. Since last November, the Houthis have targeted more than 80 merchant vessels.

Ships bound for Ukraine are now regarded by Russia as potential carriers of military cargo, making them legitimate targets in their eyes. This follows the collapse of the UN Black Sea grain initiative to create a safe corridor for ships carrying Ukrainian food and fertilisers.

Catholic charity Stella Maris (formerly called the Apostleship of the Sea) is one of the few maritime charities with chaplains based in Ukraine. They carry out ship visits from Odessa, where they work with seafarers on the frontline, witnessing the impact the invasion is having on them.

Being a seafarer is a tough job at the best of times. You are away from home for months, working long hours and facing accidents at sea. But ships being hit by missiles is an additional problem facing seafarers currently – and not the only one. There is now an alarming rise in cases of seafarers abandoned by shipowners – left in distant ports without money, support or the means to get home.

What happens on global shipping routes affects us all because of the food and other products in our shops – everything from fish and fruit to computers and cars – arrives on ships. We rely on seafarers and fishers perhaps more than we currently first realise.

On Sea Sunday, let us pray for seafarers, fishers and the work of Stella Maris. Please generously support their 2^{nd} collection today.

MINUTE MEDITATION

by Henri Nouwen

Jesus says, 'Let go of your complaints, forgive those who loved you poorly, step over your feelings of being rejected, and have the courage to trust that you won't fall into an abyss of nothingless but into the safe embrace of a God whose love will heal all your wounds.'